

PROMISE CONTRACT

Why is sex important? Everyone has a sex drive and it is natural, powerful and controllable. God made it so that we could “be fruitful and multiply” in the earth. He also made it for us to enjoy and to bring us closer to our spouse.

Just like everything else in life, it can be used for good or for evil. God made it for us to share with our spouse, but people often think it’s okay to ignore God’s design and disobey Him. When that happens, there are consequences. Two examples are getting pregnant out of wedlock or getting a terrible disease. Sex outside of a committed, loving relationship is never “safe.”

I am your parent and I love and care about you. I want to keep you safe and encourage you to follow God’s plan for your life and sex. I want you to be in a safe, loving, committed relationship that God blesses. If you ever make a mistake, you can talk to me. I may not approve of what you’ve done, but I’ll always love and approve of you.

A lot of kids like to brag about having sex outside of marriage as though it’s something to be proud of. Sometimes they use it to judge each other or put each other down. Many of them are liars and are saying this because they want to look cool. Many other kids choose not to have sex and are proud of this decision. When it comes to it, I know that you have the strength to say no.

If you have already had sex, you can choose to stop. God will help you restore all that you’ve lost and I forgive you and love you.

This is our commitment to you:

Parent's signature and date:

Teen's signature and date:
